

# FUTURES

Capital Campaign



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# SPRING 2017





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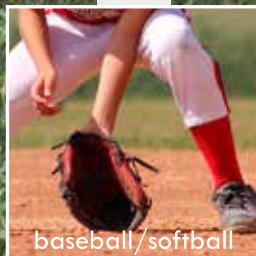
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## Questions?

### General Information

Phone: (204) 254-1010  
[info@dakotacc.com](mailto:info@dakotacc.com)

### Basketball

Brent Amos  
Phone: (204) 256-9933  
[basketball@dakotacc.com](mailto:basketball@dakotacc.com)

### Baseball

Luc Jubinville  
Phone: (204) 452-1580  
[baseball@dakotacc.com](mailto:baseball@dakotacc.com)

### Soccer

Pram Tappia  
Phone: (204) 254-2868  
[soccer@dakotacc.com](mailto:soccer@dakotacc.com)

### Mini-Soccer

Jared Neufeld  
Phone: (204) 254-1010 ext. 207  
[jared@dakotacc.com](mailto:jared@dakotacc.com)

### Softball

Moe Berard  
Phone: (204) 223-1984  
[softball@dakotacc.com](mailto:softball@dakotacc.com)

### Adult Hockey Leagues (Spring & Summer)

Anthony Knapp  
Phone: (204) 254-1010 x 201  
[anthony@dakotacc.com](mailto:anthony@dakotacc.com)

### Hockey Development (Camps)

J.P. Vigier  
[jpvigier@dakotacc.com](mailto:jpvigier@dakotacc.com)

### Fitness & Yoga/Morning Boot Camp

Jared Neufeld  
Phone: (204) 254-1010 x 207  
[jared@dakotacc.com](mailto:jared@dakotacc.com)

### Optimal Training Academy

Terry Hadlow  
[terry@dakotacc.com](mailto:terry@dakotacc.com)

### Nursery School

Loraine Purdey  
Phone: (204) 256-4748  
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### Older Adults/Seniors Resource Finder

Karen Irvine  
Phone: (204) 254-1010 ext. 206  
[seniorresources@dakotacc.com](mailto:seniorresources@dakotacc.com)

Dakota Community Centre Inc.

1188 Dakota Street, Winnipeg, MB R2N 3H4

Tel: (204) 254-1010 Web: [www.dakotacc.com](http://www.dakotacc.com)

For more information visit [www.dakotacc.com](http://www.dakotacc.com)

This publication has been produced  
by Jae Media. Project Manager: Lori Kemp



## It's Time to Register for Spring/Summer Sports at Dakota Community Centre!

Registration for Spring/Summer sports takes place through our website between **WEDNESDAY, MARCH 1 - WEDNESDAY, MARCH 15, 2017**

Register online at [dakotacc.com](http://dakotacc.com) for the following youth sports:

- Soccer • Basketball • Baseball • Softball • Mini Soccer\*

Register for other Dakota programs anytime through our website or by calling the contact provided:

- Spring & Summer Hockey Camps
- Dakota Fitness & Yoga
- Morning Bootcamp
- Seniors Programs
- Adult Hockey Leagues
- Optimal Training Academy



Visit [dakotacc.com](http://dakotacc.com) for programing information and registration, or contact one of the individuals on the left if you have questions.

Late fees will apply to all youth sport registrations received after March 15, 2017

\*Registration for Mini Soccer only will be accepted until Friday, March 31, 2017



## Dakota CC Board of Directors

Tom Thiessen,  
Chair

Mark Antunes,  
Vice-Chair

Darren Neufeld,  
Secretary/Treasurer

Christopher Chapman,  
Member Accountable for  
Sports Programs

Steve Bamburak

Elliot Cameron

Elaine Hunnie

Tim Smith

Chantal Sturk-Nadeau

### Hours of Operation

Main Office: Monday – Friday,  
9 am – 5 pm  
(Closed Statutory Holidays)

Facility & Weight Room:  
Monday – Sunday, 6 am – 11 pm



## Message from the Board Chair

I hope you've had a fantastic start to 2017!

Thank you for your interest in Dakota Community Centre, and for taking some time to read our first newsletter of this new year.

The Dakota campus remains a hub of activity, as you've no doubt seen over the past few months. In addition to a jam-packed ice schedule at the Jonathan Toews Sportsplex (including minor hockey, ringette, figure skating, public skating, adult hockey leagues and more!), construction on the Dakota Fieldhouse is well underway, and now entering the home stretch. We expect to have this fantastic new 60,000 sq. ft. fieldhouse up and running by fall 2017, adding even more program offerings and services for community members for many years to come.

We hope that you also heard about the new **Dakota Futures Capital Campaign**, which was officially kicked off with a *one-million-dollar donation* from Dakota alum Jonathan Toews! On top of that, Jonathan has agreed to serve as the honorary chair of the Campaign, and his parents Andrée and Bryan will be serving on our Campaign Cabinet! We feel extremely blessed by Jonathan's generosity, and very grateful that he and his family continue to be so supportive of Dakota and our plans for the future development of the Centre.

On a 'behind the scenes' note, your volunteer board of directors has been busy as well. One of the board's major priorities from 2016 – as outlined in our 4-year Strategic Plan – has been achieved: to amalgamate our previous constitution and by-laws documents into one cohesive and up-to-date governance document.

At Dakota's November AGM, the membership voted unanimously to approve the new by-laws put forward by the board. The new by-laws have, among other things: 1) clarified how board members are to be nominated; 2) ensured that any conflicts of interest at the board level are disclosed; 3) limited the powers of an Executive Committee, ensuring that the entire board is part of the decision-making process at Dakota; and 4) provided assurance that officers are appointed by the board in a manner consistent with *The Corporations Act*.

Dakota will be celebrating its 30th year in 2017, and as we've 'grown up' as a community centre, I'm pleased to say that we've recognized the need for – and embraced – good governance practices as well. And as we bring on exciting new facilities and engage generous donors and community members through our Capital Campaign, we'll be in a stronger position than ever to fulfill Dakota's mission: to be a gathering place providing excellence in recreation and sports for everyone.

**Tom Thiessen**  
Chair, Dakota CC Board of Directors  
[tom@bomamanitoba.ca](mailto:tom@bomamanitoba.ca)

## Message from the Chief Executive Officer

This year, our community will continue to see much progress towards our very bright future and an opportunity to celebrate our incredible past!

2017 marks the 30th anniversary of the incorporation of Dakota Community Centre. Celebrating such an important milestone will provide time to reflect on the remarkable role this Centre has played in the lives of countless individuals for more than three decades. It's also a time to thank the thousands

of volunteers and visionary community leaders, whose commitment to building the facilities and running the programs, have laid the foundation for a future of success.

Dakota's growth over the past three decades has been remarkable. From our modest beginnings in 1987 with a few outdoor rinks and dressing rooms, to the addition of the twin pad arenas in 1996, staff and volunteers have dedicated their efforts to our mission of being a *gathering place providing excellence in recreation and sports for everyone* in our community. As we celebrate Dakota's history, we are also looking forward to the next chapter in Dakota's promising future. In the fall of 2017 we will celebrate the opening of the new 60,000 square foot Fieldhouse. The addition of this world-class facility to our Campus will further position Dakota Community Centre as one of the premier sport and recreation facilities in our Province. As members of the south St. Vital community, we're fortunate to have all that Dakota CC will have to offer in our backyard and, we look forward to welcoming you to the new facility!

A powerful testament to Dakota's history and success is the start that we have

given to thousands of athletes of all ages who have gone on to achieve success in a variety of ways. The remarkable Jonathan Toews recently recognized the impact that Dakota CC has had on his life and career through a transformational donation of \$1 million and a commitment as the Honorary Chair for the Dakota Futures Capital Campaign. Through his passion and commitment, Jonathan has reinforced our belief that great role models come from great communities. It's also inspiring to know that we have the support of our past to continue to build opportunities for future generations.

The **Dakota Futures Capital Campaign** is supporting the construction of the new Fieldhouse, along with future development on our Campus. Our **Campaign Cabinet** includes community members who believe that in *building possibilities*, we can continue to *transform lives*. I'd like to acknowledge Cabinet Members; **Rico and Deneen Bertschinger, Judith and Markus Chambers, Dale Driedger, Andrée Gilbert and Bryan Toews, Blair Macaulay, Jeff Shypit, Chantal Sturk-Nadeau and Tom Thiessen** for their commitment towards the success of this largest-ever fundraising initiative undertaken by our Centre.

We are extremely grateful to you for your support of our vision as we continue to invest in the 'Centre of our Community' for today and for future generations. I look forward to joining you in celebration of Dakota's 30th anniversary!

**Michele Augert**  
Chief Executive Officer  
[michele@dakotacc.com](mailto:michele@dakotacc.com)  
204-254-1010 ext. 204



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## A Special Thank You To All Our Advertisers

The Dakota Community Centre wishes to thank the many businesses who purchased an advertisement to make this publication possible.

Your ad helped us to defer all costs relating to this newsletter.

We value your support and gratefully acknowledge your participation.



## Jonathan Toews Donates \$1 Million for “Dakota’s Future” and will serve as Capital Campaign’s Honorary Chair

Jonathan Toews has generously made a donation of \$1 million towards the Centre’s largest-ever fundraising effort, the Dakota Futures Capital Campaign. He is also serving as the Campaign’s Honorary Chair, recently underway to raise funds to support the construction of the new 60,000 square foot Fieldhouse, along with future development on the Dakota CC Campus.

“We are extremely grateful to Jonathan for his leadership as Honorary Chair of our Campaign and his transformational donation to the Dakota Community Centre,” said Tom Thiessen, DCC’s Board Chair. “His generosity reinforces our belief in the importance of access to wellness, recreation and sport programs as key to a healthy community.”

“From my earliest days playing hockey, Dakota Community Centre has always played a pivotal role in my upbringing and my career”, said Toews. “Today, I continue to be honoured to have my name associated with the Sportsplex on the Dakota campus. My parents have instilled in me the importance of giving back, and I believe that in supporting Dakota, we will see endless possibilities for the Community Centre’s future and transformation in the lives of our community members.”

The donation from the Jonathan Toews Foundation - the largest ever private donation to a community centre in Manitoba - was officially announced at an event on December 7 at DCC.

Please visit [dakotacc.com](http://dakotacc.com) to view the full story and to view Jonathan’s Video!

THANK YOU Jonathan!

## DCC’s Jonathan Toews Sportsplex

Ever wonder how the current facilities at the Dakota Community Centre got to be named after the extremely talented Jonathan Toews, Captain of the Chicago Black Hawks and one of the best and most decorated hockey players in the world?

Toews was born in 1988 in Winnipeg, where at a very young age began his hockey career playing for the Dakota Lazers and continued to excel through all levels of minor hockey in South St. Vital. As the familiar story goes, he went on to play college hockey at the University of North Dakota before being drafted in the 2006 NHL entry draft. With the Blackhawks since 2007, his hard-work and incredible talent has led them to three Stanley Cup Victory’s in a five year period! He is also two-time winter Olympic gold medalist, and has been awarded a plethora of other honours including the prestigious Conn Smythe Trophy. Notwithstanding his rocket rise to fame, Jonathan and his family remain staunch supporters of the Centre and the community where it all began.

When Toews won the Stanley Cup for the first time in 2010, Jonathan brought the cup home to Dakota CC, where the largest parade that southeast Winnipeg has ever seen was held for Jonathan, to celebrate with the community he called home. To showcase this overwhelming pride, the City and Dakota CC announced that the childhood place where he began his career, Dakota Community Centre, would have its facilities named for Jonathan to honor all of his accomplishments.

Toews has returned to his hometown and to his ‘home club’, to celebrate with the community after each of his three Stanley cup wins, in 2010, 2013 and again in 2015.

The 95,000 square foot Jonathan Toews Sportsplex at Dakota Community Centre houses two indoor ice rinks; a gymnasium, nursery school, skate shop, athletic centre, strength training facility, a canteen, the Centre’s administrative offices, as well as numerous multi-purpose spaces.

A new 60,000 square foot Fieldhouse is currently under construction and will be connected to the Jonathan Toews Sportsplex by a covered walkway, when it’s complete in Fall 2017.

The Dakota Community Centre community is very proud of Jonathan’s many accomplishments and extremely honoured that our Centre bears the name of this world-class hockey role model.

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## CHALLENGING PROJECTS BUILT BY BIRD

Dakota Community Centre Fieldhouse  
is sure to be the centre of attention!

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## Fieldhouse Construction Update

### Fieldhouse Construction Entering the "Home Stretch"

Construction on the 60,000 sq ft. Fieldhouse at Dakota CC is progressing on schedule for a Fall 2017 Grand Opening. As we head into the home stretch of construction, much attention continues to be placed on the finishing details to ensure this world-class facility meets the needs of our community and the necessary expectations of the growing list of user groups.

From volleyball, basketball, badminton and pickleball to baseball, table tennis, judo and disc sports, to name a few – the sport community has begun flocking to DCC to learn more about the opportunities for their respective sports in this premier sport and recreation facility.

With 3 full size basketball courts, 3 main and 6 cross court volleyball courts, 12 badminton/pickleball courts in an overlaid court design in nearly 30,000 sq ft of open gym space, dividable into 6 separate spaces, the Fieldhouse will offer a spectacular setting for these sports and many other user groups looking for indoor gym space in our community.

Among its many highlights, the Fieldhouse will boast 9 m ceilings within the main

fields of play, along with a high quality hardwood playing surface, preferred by most of the sport users and a necessary surface for wheelchair athletes.

As word of the Fieldhouse addition spread, we began to get a clearer sense that the primary client groups would be sport users and, that these users would more than fill the space offered in this new facility. At the same time, we were learning more about the potential to host provincial, national and international events for a wide variety of sports and abilities, given the size and configuration of this unique facility. This, coupled with increasing feedback from the sports and concerns surrounding the long-term performance of the specified rubber floor product, we felt this decision needed to be revisited. Further researched raised performance issues based on our observations and the experiences of other users and, highlighted the difficulty wheelchairs had with maneuvering on such a surface. These findings helped move decision makers towards a change to a hardwood surface that would enable the Centre to host events at the highest level of sport, satisfy the majority of users and, extend the useful life of the playing service for more than 50 years. With this change and the keen attention to detail to all aspects of this unique and important project, we remain very confident that the Fieldhouse will be a premier sport, recreation and wellness facility, coveted among all user groups for many years to come!

While the exterior and interior finishing continues, recent opportunities to tour the construction site and building interior have given the Centre's staff, board and fundraising leadership and others, a chance to see first hand the future possibilities

of this world-class addition. Taking in the view from the 200 m 3-lane track on the mezzanine level to the gymnasium space below, is an amazing site to behold and, gives a clear perspective of the spectacular facility that will be a welcomed addition to our community and to the Dakota Community Centre this Fall.

## Spring Break Hockey Development Camps

Make new friends and work on your game in a safe and fun environment.

**March 27 – 31, 2017**

**Ages:** 8-12 years, co-ed.

**Half Day Camp:** 8:30am-12:30pm: 1 ice time and 1 dryland session per day (1.5 hours ice time), Free Jersey.

**Full Day Camp:** 8:30am – 3:30pm: 2 ice sessions per day (1.5 hours per session), 2 dryland, nutrition and/or recovery sessions, Free Jersey.

**Price:** Half day: \$225.00 (GST included). Full day: \$400.00. (GST included).

### Morning Session:

1.5 hours on the ice. We will be focusing on puck control and stickhandling. Small area games to finish the on ice session. On ice training followed by a one hour dryland session to work on the ABC's of athlete development: agility, balance, coordination and speed.

### Afternoon Session:

1.5 hours on the ice. The focus for the afternoon group will be on power skating and shooting. Maximize individual technique to solidify your game. Small area games will be used to finish the ice time. The on ice activities will be followed by a one hour dryland, nutrition and/or active rest and recovery session to complete the day.

Go to [www.dakotacc.com](http://www.dakotacc.com) to register or for more information email [jpvigier@dakotacc.com](mailto:jpvigier@dakotacc.com)

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## Fitness & Yoga

Get in shape, have fun, and make new friends this spring and summer with Dakota Fitness & Yoga! There are several membership options to choose from to suit your schedule and budget. Classes offered include Yoga, Cardio, Strength Training, Zumba and more. All fitness levels and beginners are welcome.

- **Reduced rates for seniors**
- **NEW** evening classes
- The first class is **FREE** for first time members

**Questions?** Jared Neufeld, 204-254-1010 ext. 207

## Programs for Older Adults/Seniors

### Dakota 55+ Lazars Program (\*Annual Membership required)

Whether you're looking to keep fit, learn new things, or surround yourself with a community of likeminded individuals, Dakota 55+ Lazars Program has it all! Now is the time to become a member! There are programs and sports for a variety of interests, fitness levels, and hobbies! Fitness & yoga classes happen all year round, as do cards, games, and crafts. The Spring line-up is as follows:

#### Monday:

8 am – 12 pm: Outdoor Pickleball  
12:30-3:30 pm: Cribbage

#### Tuesday:

8 am – 12 pm: Outdoor Pickleball  
9:30 am & 11:30 am: Floor Curling (Regular Teams)  
10 am - 11:30 am: Line Dancing

#### Wednesday:

8 am – 12 pm: Outdoor Pickleball  
12:30 pm - 3:30 pm: Whist

#### Thursday:

8 am – 12 pm: Outdoor Pickleball  
9:30, 11:00, 12:30 & 2:00: Floor Shuffle (Regular Teams)  
1 pm – 4 pm: Kraft Korner  
6 pm – 9 pm: Kraft Korner

\*Dakota 55+ memberships are \$15 annually and are valid from September to August. Most programs also have a \$3.00-\$4.00 drop in fee.

Pickleball is moving outdoors as soon as weather allows, and will be held in the outside basketball court.

#### Questions?

For questions about floor shuffle: call Val Post (204-256-3342).

For questions about floor curling: call Linda Coleman (204-253-5108).

For registration or more information, contact **Karen Irvine**, Dakota Seniors Resource Finder.

She can be reached in person at her office on the 2nd Floor Dakota Community Centre, or by calling 204-254-1010 ext. 206.



# FEELING DIZZY?

Many adults have experienced some sort of vestibular dysfunction.

## BALANCE

Balance is controlled by:

- the inner ear (the vestibular system)
- the eyes (vision)
- sense of touch (proprioception)



## DIAGNOSIS

Vestibular disorders are not easy to diagnose. Patients can often consult several medical professionals before receiving a diagnosis. Your doctor will take a medical history and may order several types of testing including: hearing, balance and vision. Getting a diagnosis may mean ruling out other conditions. Your condition may be short term (acute) or long term (chronic).

## SYMPTOMS

You may experience one or several symptoms:

Balance Problems

- Vertigo (sensation of movement)
- Dizziness • Imbalance
- Problems Concentrating
- Vision Disturbance • Hearing Changes



## TREATMENT

Your treatment will depend on your diagnosis.

- Physical Therapy • Positioning Manoeuvres
- Diet and Lifestyle Changes • Medication
- Surgery • Counseling



**Vista Place**  
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Vista Place Physiotherapy and Sports Injury Centre **204-253-2165**

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## Optimal Training Academy (OTA)

Spring into .... **SPRING!** Enhance your performance with Optimal Training Academy sessions designed by resident personal trainer Terry Hadlow.

Through the Optimal Training Academy, Terry trains adults, youth, and those who are interested in Olympic weight lifting. Terry works with sports teams as well as individuals for performance training.

### Sessions focus on:

- Improving fitness
- Core body
- Strength and explosiveness.

Sessions come in 4-10 week blocks or 10 sessions at a time.

Visit [dakotacc.com](http://dakotacc.com) for more information and pricing.

**Questions?**  
Terry Hadlow  
[terry@dakotacc.com](mailto:terry@dakotacc.com)  
Phone: (204) 254-1010 ext. 302

## Facility & Ice Rentals

Dakota CC is here for all your space and ice rental needs

- The Great Hall accommodates 371 people.
- The gymnasium accommodates 321 people
- Meeting rooms accommodate approximately 30 people each
- Ice Rental is available
- The **NEW Fieldhouse** will soon be taking reservations, and is expected to open in Fall **2017**. Call Program Director, Randy Anderson for more information (204-254-1010 ext. 205)

Dakota CC is a great place for socials, birthday parties, meetings and more.

For prices and further information, visit [dakotacc.com](http://dakotacc.com) or call **Susan Southern** at 254-1010 ext. 210.

## Dakota Nursery School

Now Accepting Registrations for September 2017

Children born in 2013 & 2014 may apply.

Dakota CC's Nursery School program promotes the overall development of students through discovery of ourselves and the environment we live and play in. Physical and social development is emphasized during free play. Many different play centres including sand play, water play, home living, manipulative puzzles, blocks, construction, and many art activities are available for the students. Emotional and intellectual development is stimulated through teacher directed activities which are designed to teach many preschool skills.

**Dakota Nursery School will begin its Fall/Winter 2017/18 program with a meet and greet for registered participants in late August and early September (date TBD), 2017. Limited space is still available for the 2017/18 year.**

Please contact Loraine (Director) at 204-256-4748 or email [dakotanurseryschool@dakotacc.com](mailto:dakotanurseryschool@dakotacc.com) for more details. Visit [dakotacc.com](http://dakotacc.com) for class schedules, times, and more information.

## ERIK Packages available

Dakota Community Centre has ERIK packages (Emergency Response Information Kits) available for pick up to help you in the event of an emergency. These kits are available at the front reception office, free of charge. Pick one up today!

## Bootcamp

Don't wait for the snow to melt – prep for spring and summer with a structured fitness routine designed by seasoned instructors Liisa Burgess and Rachel Smith. Not sure what to expect? **Join us for a free Drop in class!!**

Classes are Monday, Wednesday, and Friday at 6am – 7am.

Please visit our website for more details or to register. Visit [dakotacc.com](http://dakotacc.com) for a complete class schedule including pricing options.

**Questions?**  
Jared Neufeld  
204-254-1010 ext. 207

## 2017 Christmas Craft Sale – November 4 & 5

Mark your calendars!

## Mini Soccer For Ages 4 – 8

Mini soccer is a great first introduction to your community centre!

Dakota Mini Soccer flourished last year with a total of 502 total registrants!

Mini soccer gives young children an early start to being active for life!

Children can be registered for Mini Soccer as young as 4 years old and are eligible to play until they are 8 years old.

Mini soccer gives children the opportunity to be active, make new friends, gain confidence and skill, while having fun outdoors!

Register your children online at [www.dakotacc.com](http://www.dakotacc.com) during the spring registration period, between March 1 – 31, 2017.

For questions, contact Program Coordinator Jared Neufeld at (204) 254-1010 ext. 207, or [jared@dakotacc.com](mailto:jared@dakotacc.com).



## Dakota CC is on Social Media

Connect with Dakota CC on Facebook, Twitter, Instagram, or visit our website at [dakotacc.com](http://dakotacc.com).

Want to stay in the loop with all of the exciting things happening at Dakota?

Get news in your inbox by signing up for our monthly eNews at [dakotacc.com](http://dakotacc.com).

## Advertising at Dakota CC

Dakota is a high traffic, family oriented place for your business to advertise!

Your ad can be seen in our North or South rink, around the facility, on our website, in our Newsletter, or on the dressing room digital message board. Support your community!

For questions about rates and more, call Lori at (204) 218 - 7267



### LAWN CARE SERVICES

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Monthly Lawn Service Package \$300  
All Summer Lawn Service Package \$959  
[www.ppandrservices.com](http://www.ppandrservices.com)



\*special pricing is based on an average residential home - please call for details\*

## Spring & Summer Adult Hockey League

Spring & Summer League Registration NOW OPEN

The Dakota Adult Hockey League strives to be a place where adults can have fun and play hockey in an environment of fair play and camaraderie. The spring, summer and fall leagues all feature:

- Regular re-alignment to keep divisions balanced
- All team make the playoffs
- Team entries only
- League website tracking is available at [www.trackmyhockeystats.com](http://www.trackmyhockeystats.com)

### Spring League Information

- 12 game regular season
- Minimum 1 playoff games (13 total)

### Summer League Information

- 16 game regular season
- Minimum 1 playoff games (17 total)

**Cost**  
Summer League: \$3,000 (tax included)/per team  
Winter League: \$6,200 (tax included)/per team  
\$500 due with registration. The remaining balance is due prior to first scheduled game

### Registration Details

Contact Adult Leagues Manager, **Anthony Knapp** to sign up your team at (204) 254-1010 ext. 201 or email him at [anthony@dakotacc.com](mailto:anthony@dakotacc.com)

## Apply now for the Dakota CC Scholarship

Dakota CC offers up to three, \$500 Scholarships annually to qualified youth who have demonstrated a strong commitment to the community centre.

Apply by **MARCH 31, 2017**. Visit [dakotacc.com](http://dakotacc.com) to view eligibility requirements, required documentation and more information.



**Janice Morley-Lecomte**  
MLA for Seine River  
204-945-8407  
[Janice.Morley-Lecomte@leg.gov.mb.ca](mailto:Janice.Morley-Lecomte@leg.gov.mb.ca)

# JANICE LUKES

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204-986-6824 [jlukes@winnipeg.ca](mailto:jlukes@winnipeg.ca)  





## Full House for Annual Breakfast with Santa!

On Saturday, December 11, Dakota CC's Jonathan Toews Sportsplex gymnasium was full of festive fun as the sold out annual Breakfast with Santa 'came to town' for another year. More than 300 attendees and volunteers filled the room, taking in the delicious breakfast and treats, as well as a multitude of activities and entertainment, including a special visit with Santa & Mrs. Claus.

**A HUGE thank you to sponsors, volunteers, and staff who made this event possible!**

### Sponsors:

#### Gold Sponsors:

- Pinnacle
- Dakota Ringette

**Silver Sponsors:** Sysco, Ft3, Elite Communications, Sobeys

**Bronze Sponsors:** Councillor Janice Lukes, Councillor Brian Mayes, Gourmet Coffee, Caisse Financial Group, Home Run Sports, Riel PC Association, Seine River PC Association.

Read the full story and see photos at [dakotacc.com](http://dakotacc.com)

## Try something new in our Canteen

Sample some new items, healthy options, and some old favorites! Watch for daily specials.

- New items such as sweet potato fries, black bean burgers, quesadillas, mac & cheese bites, and perogies!

- Healthy options such as breakfast sandwiches, muffins, fruit, Yop, and homemade granola bars!
- Homemade soups such as butternut squash, chicken chilli, and hamburger soup!
- Sandwich favourites like chicken salad, grilled cheese, and Ruebens!
- Old favourites such as fries, poutine, chicken fingers, hot-dogs, burgers, and onion rings!
- Wide selection of beverages including chai lattes, peppermint hot chocolate, French vanilla lattes, slush puppies, and juice!

**Stop by and meet Tracy Pearson, our new Canteen Manager!** She'd love to hear your thoughts on our new offerings and hear how we can serve you better!

## Athletic Centre/Weight Room

Located in the lower level of the Jonathan Toews Sportsplex, the Athletic Centre provides a variety of exercise/training equipment and weights to help you get into the best shape of your life.

### Membership Fees:

1 Year: \$250  
 6 Months: \$160  
 3 Months: \$100  
 Plus an additional \$20.00 for an entrance key fob

### Hours:

Monday – Sunday 6 am – 11 pm

# Southside

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## Vigier Hockey Spring Hockey Development

All ice times are at Dakota Community Centre  
 Program price is \$650 and includes a jersey

Goalie Price is \$425

**Limited spots available so register now!**

2004, 2005, 2007

U10 Girls

PeeWee/Bantam Girls

Midget/Junior Prep

Go to [www.vigierhockey.com](http://www.vigierhockey.com) to register



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